



HYATT REGENCY MONTEREY

HYATT PURE

A worldwide collection of extraordinary spas, ranging from urban to resort in setting. Each spa is custom designed to embrace the local environment and culture to provide an authentic indigenous experience.

Returning to the true definition of spa, "sanitas per aquas," Latin for "healing by waters," treatments and services incorporate the principles of hydrating the body to promote wellness and renewal.

HYATTPURE.COM

ACCISTA SPA

For centuries the people of Monterey lived secure in the knowledge that their homeland, the place they called Accista, was an inexhaustible natural environment.

Living in true harmony with nature, their lives followed a seasonal rhythm of harvest, rest, renewal and abundance.

Honoring this naturalistic way of life, Accista Spa embraces the philosophy that our well-being as humans lies in the wisdom and awareness of these natural cycles.

From the sea, shore, meadows, mountains and oak groves of Central California, Accista Spa connects you to this vital, natural world with authentic spa treatment direct from the source.

GIVING THANKS

We are proud to honor the wisdom of the original inhabitants of Monterey Bay, people who lived a life of health and abundance by following the rhythm of the seasons.

OUR COMMITMENT

Committed to utilizing sustainable, renewable products and practices, we pay mindful attention to the environment as we honor your unique needs. At Accista Spa, we use organic products whenever possible.

ACCISTA COUPLES

At Accista Spa, all of our treatments are able to be 'coupled.' We invite you to enjoy your Accista experience with your partner in a warm, welcoming suite for two.

THE ACCISTA CONTINUUM

The Accista Continuum is a program of results-oriented treatments in harmony with the seasonal cycles of Monterey Bay.

Inspired by the thriving lifestyle of the area's first inhabitants, the Accista Continuum is a program following the cycle of Harvest, Rest, Renewal and Abundance, a program to Cleanse, Calm, Restore and Enrich with the spirit of the seasons.

Anchored by Accista Seasonal experiences, treatments using fresh, seasonally harvested ingredients from Central California, each Cycle in the Continuum offers a unique, results-driven, holistic experience.

For total body renewal, we invite you to follow the Continuum in the order presented here. Or, enjoy an individual cycle based on the current season or your desired results.

HARVEST

AUTUMN CLEANSE CYCLE

Refresh skin and prepare face and body for the months ahead with detoxifying ingredients to cleanse, revitalize and protect.

Seasonal Scrub
Rummah Purifying Wrap
60-minute Accista Facial
Accista Manicure & Pedicure

5 hours, \$495

REST

WINTER CALM CYCLE

Slip into a warm, relaxing bath and set your mind to rest and relaxation with a personalized massage, manicure and pedicure.

Seasonal Soak & Wrap
90-minute Accista Massage
Accista Manicure & Pedicure

5 hours, \$472

RENEWAL

SPRING RESTORE CYCLE

Emerge radiant with glowing skin and a new sense of well-being after this series of restorative treatments to brighten and renew.

Seasonal Scrub
90-minute Accista Massage
60-minute Radiance Facial

3.5 hours, \$400

ABUNDANCE

SUMMER ENRICH CYCLE

Enjoy a season of bounty with an enriching soak, wrap, massage and facial infused with the natural elements of Monterey.

Seasonal Soak & Wrap
90-minute Accista with Hot Stone Massage
90-minute Accista Facial

4.5 hours, \$499

ACCISTA PATHWAYS

For the original inhabitants of Monterey Bay, trips to the sea, shore, meadows, mountains and oak groves of Central California created well-worn paths to and from their home.

Accista Pathways bring this seasonal abundance to you in 2 hour, results-driven Accista treatment experiences.

CLEANSE

2 hours, \$234

A detoxifying session with the season's freshest ingredients.

Seasonal Wrap or Seasonal Scrub
60-minute Accista Facial or Custom Massage

CALM

2 hours, \$238

A restful experience customized to meet your unique needs.

60-minute Accista Massage
60-minute Accista Facial

RESTORE

2 hours, \$234

A session of renewal infused with elements from land and sea.

60-minute Radiance
60-minute Fresh Harvest Wrap

ENRICH

2 hours, \$243

Invite abundance into your life, naturally, with all-organic bliss.

60-minute Organic Refreshment Facial
60-minute Organic Antioxidant Wrap

FACIALS

The Accista Facial

30/60/90 minutes, \$80/\$130/\$180

Honoring your personal skin care needs, our Signature facial offers a custom treatment created with active and effective ingredients. Choose your facial experience based on your skin type and your Accista provider will customize your perfect treatment.

CLEANSE | For Oily Skin

CALM | For Sensitive Skin

RESTORE | For Dehydrated Skin

ENRICH | For Normal Skin

Monterey Mist

60/90 minutes, \$130/\$180

Find balance and restore tired, dehydrated skin. Elements from land and sea like evening primrose, honey and algae work harmoniously to deeply nourish and protect sensitized skin.

Rummah Cleanse

60/90 minutes, \$130/\$180

Allow the botanicals that thrive in the water to cleanse and restore your skin. Purifying algae and green clay work to eliminate impurities, reducing redness, shine and inflammation.

Radiance

60 minutes, \$130

The perfect refresh for the complexion, pearl, licorice and bearberry lighten and brighten, minimizing hyper pigmentation and smoothing texture to leave skin looking radiant and flawless.

Organic Refreshment

60 minutes, \$135

All organic, this holistic, deeply hydrating treatment is enriched with antioxidants and rich moisturizers to replenish, restore and rejuvenate even the most devitalized, dehydrated skin.

FACIAL ENHANCEMENTS

Boost your facial treatment by choosing additional services to enhance your results and aid your sense of relaxation.

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| Eye Renewal | \$35 |
| Anti-Oxidant Peel | \$45 |
| Scalp Renewal | \$20 |
| Foot Renewal | \$30 |
| Hand Renewal | \$30 |

BODY THERAPIES

SCRUB

Accista Seasonal Scrub

60 minutes, \$130

Our signature exfoliating base of soothing acorn flour and Pacific sea salt blends with aromatic local ingredients that change with the season to renew the body and reveal healthy skin.

SOAK

Accista Seasonal Soak & Wrap

90 minutes, \$180

A signature experience, our detoxifying wrap and tub soak refresh and revitalize the body. Linens steeped in herbal tea blend with the season's freshest ingredients before a tight wrapping to encourage the elimination of toxin build up.

Sea Kelp Scrub & Soak

60 minutes, \$130

A soothing scrub and tub soak infused with sea kelp, Pacific sea salt and marine minerals detoxifies and remineralizes the body.

WRAP

Accista Seasonal Wrap

60 minutes, \$130

Accista massage and wrap therapy in hot herbal-tea soaked linens blends with the season's freshest detoxifying ingredients to encourage the elimination of toxin build up and promote natural revitalization.

Rumma Purifying Wrap

60 minutes, \$130

Monticelli thermal mud enriched with mineral salt, thermal waters, fennel and cypress work to flush out toxins and remineralize the body.

Fresh Harvest Wrap

60 minutes, \$130

Following full body exfoliation, a fresh mask of artichoke, tomato and spinach extracts blended with rice protein delivers potent, multi-vitamin nourishment.

Monterey Land and Sea Wrap

60 minutes, \$130

Re-oxygenating and revitalizing fucus algae, marine sediment and fresh mint work in synergy to remineralize, tone and increase microcirculation, evening skin tone and pigmentation.

Organic Antioxidant Wrap

60 minutes, \$135

Intensely rich and nourishing, an organic cocoon of buriti oil, butterfly bush extract and karite' butter provide powerful anti-oxidants so skin radiates a warm, healthy glow.

Pacific Body Tone

90 minutes, \$180

Sea salt and ocean clay buff away dull, dry skin before an application of organic seaweed to rebalance hydration levels and firm and tighten skin.

MASSAGE THERAPIES

The Accista Massage

60/90 minutes, \$135/\$185

Our Signature Massage offers 100% pure organic, holistic care infused with the natural botanical elements of Accista. Your therapist will create a custom blend of massage oils based on your skin type and aromatic preference before massage with the techniques best suited to meet your immediate needs.

The Accista with Hot Stones

60/90 minutes, \$140/\$190

Your preferred aromatic essence blends with hot stone massage to aid in the release of even the deepest-seated muscle tensions.

Custom Massage

30/60/90 minutes, \$80/\$130/\$180

Our custom massage combines classic Swedish techniques with a blend of techniques to best meet your individual needs.

Deep Tissue

30/60/90 minutes, \$80/\$130/\$180

Stimulating specific muscle groups with deep pressure to relieve tension and stress, enjoy intensive, immediate muscle relief.

Link Therapy Massage

60/90 minutes, \$135/\$185

Focusing on muscles that relate specifically to the golfer's swing, stretching, kneading and deep tissue massage dissipate soreness and tension as flexibility and fluidity are restored to the body.

Pregnant Pause

60/90 minutes, \$135/\$185

For moms-to-be, massage techniques and 100% pure organic oils soothe and relieve while waking up the legs.

Natural Mama

60/90 minutes, \$135/\$185

A restful and revitalizing massage for the new mom, restorative collagen and elastin soften and tone skin, working to diminish stretch marks and improve skin texture and tone.

HANDS & FEET

ACCISTA

Utilizing our seasonal acorn scrub and USDA certified organic moisturizers, hands and feet are cleansed, exfoliated, and rejuvenated with pressure point massage and reflexology.

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|-------------------------|------------|------|
| Accista Pedicure | 60 minutes | \$90 |
| Accista Manicure | 45 minutes | \$70 |

COASTAL

Hands and feet are soothed and detoxified with an organic Sea Kelp soak, exfoliating scrub and rehydrating mask to re-mineralize and fully refresh skin with the gifts of the sea.

| | | |
|-------------------------|------------|------|
| Coastal Pedicure | 60 minutes | \$75 |
| Coastal Manicure | 45 minutes | \$55 |

HARVEST

Your choice of organic ginger or wildcrafted frankincense mineral salt scrub blends with massage and pressure point stimulation to thoroughly rejuvenate the skin and senses.

| | | |
|-------------------------|------------|------|
| Harvest Pedicure | 45 minutes | \$65 |
| Harvest Manicure | 30 minutes | \$45 |

| | | |
|------------------------------|--|------|
| French Polish Upgrade | | \$10 |
| Polish Change | | \$20 |

ACCISTA MEN

THE FULL DEL MONTE

A GOLFER'S RETREAT

Work out the kinks and get back on the links, looking and feeling great. A facial and intensive massage restore vitality, naturally.

60-minute Pure Performance Facial

60-minute Link Therapy Massage

2 hours, \$238

Pure Performance Facial

60 minutes, \$130

Green Clay and active essential oils of Pine, Cedarwood and Sage cleanse and rebalance, leaving skin clean, clear and calm.

Accista Seasonal Scrub

60 minutes, \$130

Our signature exfoliating base of soothing acorn flour and Pacific sea salt blends with aromatic local ingredients that change with the season to renew the body and reveal healthy skin.

Link Therapy Massage

60/90 minutes, \$135/\$185

Custom Massage

60/90 minutes, \$130/\$180

Deep Tissue Massage

60/90 minutes, \$130/\$180

Gentleman's Pedicure

60 minutes, \$90

Gentleman's Manicure

30 minutes, \$60

With our seasonal scrub to exfoliate and reflexology and pressure point therapy to stimulate, nails are left naturally clean.

THE SALON

CUT & STYLE

| | |
|------------------------------|-----------|
| Men's Cut | From \$45 |
| Woman's Cut and Style | From \$80 |
| Haircut Only | From \$65 |
| Up-Do | From \$90 |
| Shampoo, Blow Dry | From \$50 |

COLOR

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|--------------------------|----------------------|
| Full Color | From \$100 |
| Color Correction | By consultation only |
| Color Touch Up | From \$85 |
| Full Highlight | From \$150 |
| Partial Highlight | From \$120 |

WAXING

| | |
|----------------------|------|
| Eyebrow | \$25 |
| Lip | \$15 |
| Chin | \$20 |
| Half Leg | \$50 |
| Full Leg | \$80 |
| Arm | \$50 |
| Under Arm | \$30 |
| Chest | \$65 |
| Back | \$75 |
| Bikini | \$40 |
| French Bikini | \$50 |

HOW TO SPA

RESERVATIONS

To make your reservation at Hyatt Pure Spa please call 831.657.6734 or dial extension 6734 from within the hotel; a valid credit card is required to hold your reservation. Prices are subject to change without prior notification.

THERAPISTS

When you make your reservation you may request a male or female therapist to provide your services, however we cannot guarantee the availability of any particular service provider. All of our licensed therapists are properly trained to ensure your comfort at all times.

PRE-ARRIVAL

Please arrive 20 – 30 minutes prior to appointment to take full advantage of our facilities. Appointments begin promptly at the time scheduled. If you arrive late, your appointment will be shortened so that the technician will be on time for the next session.

CLOTHING

You will be provided with a robe and slippers and draped during your massage. Undergarments may be worn if preferred.

COMMUNICATION

Please communicate with your therapist to ensure satisfaction and to customize your services to fit your needs.

HEALTH CONSIDERATIONS

For your comfort, please advise upon booking of any allergies, ailments or disabilities, especially if you have high blood pressure or if you are pregnant.

SPA POLICY

We respectfully ask that you leave cell phones turned off so that the tranquility of the Hyatt Pure experience may be preserved and please leave at home or deposit all valuables in your room safe, as Accista Spa cannot be held responsible for loss of personal items.

CANCELLATION

Cancellations and changes of scheduled treatments are accepted up to 4 hours prior to appointment time without incurring a charge. For cancellations within 4 hours, a cancellation charge will apply. Without any notification, you will be charged in full.

GIFT CERTIFICATES

Gift certificates are available for purchase and may be used for all Accista Spa treatments.

AGE LIMITATION

Children under age 16 are not permitted to use the spa facilities. However, some treatments may be available with parental supervision. Please inquire with the Spa Host.

SERVICE CHARGE

In an effort to make your spa experience as seamless as possible, a 19% service charge will be added to the cost of your service. Additional gratuities for your service provider(s) are subject to your discretion.

SPA Host

If you have any additional questions or would like to further customise your Spa experience please do not hesitate to contact the Spa Host by calling 831.657.6734.